## District Wellness Advisory Committee Nauset Administration Building, 78 Eldredge Park Way, Orleans, MA 02653 Meeting Location- Central Office Conference Room Wednesday, March 13, 2024,@ 3:30-5:00 pm Meeting Agenda

- 1. CALL TO ORDER/AGENDA CHANGES
- 2. CITIZENS SPEAK
- 3. PRIORITY BUSINESS
  - Draft Wellness Policy
    - 1. Subcommittee policy meeting
    - 2. Wellness Coach updates
  - HMI Grant updates
    - 1. School Committee Presentations
    - 2. HMI Conference
    - 3. School Lunch Survey
  - Hydroponics updates
    - 1. NHS plans
    - 2. Planting Plans
  - Sue Bourque- Food tastings -updates
  - Cooking Classes
    - Parent
    - Student (WES & NMS)
  - Regional PD on the Health & PE Framework
  - CPR/ for Teens
  - March Wellness Fair (Date 05/01/24) (half day for students)
    - 1. Date & time frame
    - 2. Flyer out / posters
    - 3. Publicity
    - 4. Passport to good health flyer design
    - 5. Station stamps
    - 6. Raffles
    - 7. Health Fair Resources
    - 8. Assigning contact list responsibilities
    - 9. NMS building fair layout
    - 10. Station building maps
- 4. APPROVAL OF MINUTES
- 5. ADJOURNMENT
- 6. NEXT MEETING, May 8, 2024 (Add a April Health Fair planning meeting)

Posted 3/11/2024 Beth Ross